

ACTIVITIES AT THE HALL

- Monday** 9.45 to 10.30 a.m. – My Baby Can Dance
6.15 to 8.00 p.m. – Yoga (Stacey)
except 2nd Monday (5.30 to 7.00 p.m.)
7.30 to 9.30 p.m. – Preston Parish Council
(2nd Monday of month)
- Tuesday** 9.30 to 10.15 a.m. – Pilates
7.30 to 9.30 p.m. – Women's Institute
(last Tuesday of month)
7.30 to 10.30 a.m. – Line dancing
(except last Tuesday of month)
- Wednesday** 9.30 to 11.30 a.m. – Patchwork Class
(Monthly) 1.30 to 3.30 p.m. –
Alzheimer's Society Support Group
(third Wednesday of the month)
(Monthly) 1.00 to 3.00 p.m. – Preston Walking Group
5.45 to 7.15 p.m. – Hedon Brownies
7.30 to 9.30 p.m. – Art Class
- Thursday** 10.00 to 11.30 a.m. – Young-at-Heart Club
1.30 to 3.30 p.m. – Sewing Club
5.30 to 6.30 p.m. - Rainbows
7.00 to 8.00 p.m. – Keep Fit
- Friday** 10.00 to 11.00 a.m. – T'ai Chi
7.15 p.m. - (Monthly) Film Shows, usually last Friday of the
month from September to April
- Saturday** 9.30 to 10.30 a.m. – Kick-boxing