



**Safeguarding
is everybody's
business**

December 2018

ERSAB NEWSLETTER

SAFEGUARDING INFORMATION FOR PROFESSIONALS AND VOLUNTEERS

Welcome to the **East Riding Safeguarding Adults Board (ERSAB) Newsletter**. This newsletter focuses on providing information to safeguarding professionals and volunteers about the work of the Safeguarding Adults Board in the East Riding. Links to national topics will also be included when relevant.



ERSAB Annual Report 2017-18



The ERSAB Annual Report for 2017 – 2018 was published in November. The report provides an insight on the progress being made during the final year of the current three year strategy and includes a contribution from many of the partner agencies. The report is now available to access in the 'about us' section at www.ersab.org.uk

Would you like to help us develop our new three year Safeguarding Adults Board Strategy?

East Riding Safeguarding Adults Board is a multi-agency partnership responsible for ensuring the protection and safety of the most vulnerable adults in the East Riding. Its role is to ensure that all agencies that deliver services within the East Riding of Yorkshire work together, to minimise the risk of abuse to adults at risk and to protect those subject to abuse.

We are currently working on our new three year safeguarding strategy. The strategy will tell people what we are going to do and how we are going to do it. It gives information about our priorities for the next 3 years.

To help us do this, we want to hear your views and comments about the action you think we should take over the next three years to help people stay safe in the East Riding. This will help us to make sure that we're focusing on the right things and the issues that matter most to you.

If you would like to take part in this consultation please complete the on-line survey by visiting www.ersab.org.uk

Thank you for your time.

Are you concerned about an adult at risk of harm?

Visit www.ersab.org.uk

to access the latest version of the ERSAB multi-agency adult at risk concern form

Call (01482) 396940

Email: safeguardingadultsteam@eastriding.gcsx.gov.uk

East Riding Safeguarding Adults Board



The **Safeguarding Adults Board** meet on a quarterly basis to gain assurance from partner agencies that local safeguarding issues are addressed in an effective and proportionate manner. The Board is supported by a number of sub-groups.

The work of the SAB and its sub-groups is facilitated by a small support team and can be contacted on 01482 392092 or sab@eastriding.qcsx.gov.uk.

Dates of forthcoming Board & sub group meetings

Business Implementation Group

5 December 2018

Safeguarding Adults Board

16 January 2019

Safeguarding Adults Review Group

23 January 2019

Learning and Improvement Group

29 January 2019

Audit & Assurance

27 February 2019

The last quarterly Board meeting was held on 10 October 2018.

The agenda included:

- A quarterly report was presented by the Safeguarding Adults Board Manager with the purpose of providing an update on the activities of the sub-groups and to seek approval to continue with key pieces of work.
- A service user story presented by Humberside Police providing an insight into the issue of self-neglect and mental capacity.
- A representative from Humber Foundation Teaching NHS Trust provided an update on the Mental Health Care Crisis Concordat.
- A further update was provided on the North Lincolnshire and Goole NHS Trust following the CQC inspection results published earlier in the year.
- The Service Manager for the Community Voluntary Sector Adult Safeguarding Project which forms part of the Humber Foundation Teaching NHS Trust social prescribing project provided a progress update.

Learning and Improvement sub-group

At the recent BIG meeting, it was agreed that an additional sub-group should be formed to consider issues related to learning and improvement. As a result, the Learning and Improvement sub-group has been set up with representatives from many of the Board partner agencies joining the group. The first meeting was held in November 2018 and going forward this group will meet on a quarterly basis. The first meeting was well attended. The agenda included consideration of Royal College of Nursing Adult Safeguarding Intercollegiate Document and the National Competency Framework as training competency frameworks for the Board and a focus on the how the partner agencies can provide quality assurance regarding their training offer.

Have you seen the new web-based safeguarding adults concern form?

The web based concern form is now available to use on mobile devices as well as your laptop or computer. Whilst the form may look very different; it contains all the same fields as the word version. Please try to be patient as it takes a little longer to complete and load but please do not let this deter you from reporting a concern.

The web-based form does need to be completed in a prompt manner as with many on-line forms it will 'time-out' in the event of a delay.

www.ersab.org.uk provides detailed information on adult safeguarding including the procedure to follow when making a referral, as well as updates and useful information on local and national issues.

Training Issues

Training Courses

e-Learning Level 1

Please click on the link to access the e-Learning method of training.

www.ersab.eastriding.gov.uk/ersab-elearning/

Training Courses

Level 1 (3 hrs)

Recognising Adult Abuse

Level 2 (3 hrs)

MCA 2005

Level 2 (3 hrs)

Reporting Concerns

Level 3 (1 day)

The Role of the Manager

Level 3 (1 day)

section 42 Making an enquiry

Level 4 (2 days)

Cascade Training

Level 1 (3 hrs)

Communication & Recording

ERSAB constantly assesses all adult safeguarding training programmes ensuring that we deliver high quality training.

Please refer to the **Training Calendar**

available at

www.ersab.org.uk

Learning & Development for further details on ERSAB training courses.

Alternatively contact ERSAB on

sab@eastriding.gov.uk

Tel: (01482) 396940.

Each newsletter we focus on one particular type of abuse and this month we are looking at **physical abuse**.

People with care and support needs such as older people, people with disabilities or those who are isolated are more likely to be abused or neglected. They may be seen as an easy target and may be less likely to identify abuse themselves or to report it. People with communication difficulties can be particularly at risk because they may not be able to alert others. Sometimes people may not even be aware that they are being abused and this is especially likely if they have a cognitive impairment. Abusers may try to prevent access to the person they abuse.

Types of physical abuse:

- Assault, hitting, slapping, punching, kicking, hair-pulling, biting, pushing
- Rough handling
- Scalding and burning
- Physical punishments
- Inappropriate or unlawful use of restraint
- Making someone purposefully uncomfortable (e.g. opening a window and removing blankets)
- Involuntary isolation or confinement
- Misuse of medication (e.g. over-sedation)
- Forcible feeding or withholding food
- Unauthorised restraint, restricting movement (e.g. using lap straps inappropriately or furniture such as height adjustable side tables to prevent mobility)



Possible indicators of physical abuse:

- Unexplained injuries or inconsistency with account of what happened
- Injuries are inconsistent with the person's lifestyle
- Bruising, cuts, welts, burns and/or marks on the body or loss of hair in clumps
- Frequent injuries
- Unexplained falls
- Subdued or changed behaviour in the presence of a particular person
- Signs of malnutrition
- Failure to seek medical treatment or frequent changes of GP

It is important to consider any of the above in context and should not be taken on its own as proof that abuse is occurring. If concerns about a person come to light, then it should alert practitioners to make further assessments and to consider other associated factors. It is also important to remember that the lists above are not exhaustive and that more than one type of abuse can also take place at the same time.

ERSAB provide training to staff working in care provider settings throughout the East Riding of Yorkshire in order to raise awareness of abuse in adults at risk.

National and Local Safeguarding Adults News

Government response to the Learning Disabilities Mortality Review (LeDeR) Programme 2nd annual report

In September 2018, the Government published its action plan for the recommendation of the LeDeR 2nd annual report which was published in May 2018. The aim of the team's work is to create a national system for the reviewing the deaths of people with learning disabilities across England. Nine recommendations were made regarding what needs to happen to improve how people's deaths are reviewed and to reduce the scale of needless deaths experienced by people with learning disabilities.

Source: www.communitycare.co.uk



Social Care Institute for Excellence (SCIE)
Safeguarding and faith communities

Churches and faith-based groups play a vital role in the lives of many children, young people and adults. People who contribute to the life of faith-based communities and places of worship have a role to play in keeping people safe. They also play a vital role in responding effectively and compassionately when someone comes forward to share concerns or disclose abuse. SCIE is working with a number of faith groups on safeguarding practice through an inter-faith breakfast which brought together senior UK faith leaders to talk about safeguarding adults and children.

Source: www.scie.org.uk

National Institute for Health and Care Excellence (NICE) **Decision-making and mental capacity**

This guideline covers decision-making in people 16 and over who may lack capacity now or in the future. It also helps practitioners to keep people who lack capacity at the centre of the decision-making process.

Source: www.nice.org.uk



Care Sector Forum

Willerby Manor 10:00 – 15:00
Tuesday 5 February 2019

A representative from ERSAB
attends this event



Royal College of Nursing **Adult Safeguarding: Roles and** **Competencies for Health Care Staff** **Intercollegiate Document**

In August 2018 the Adult Safeguarding: Roles and Competencies for Health Care Staff was published.



The document is concerned with the competencies required to support adult safeguarding. It focuses on the knowledge and skills needed to undertake this core role and sets out a framework for the level of education, competency and systems correlating to a particular job purpose.

To access these documents please visit the professional development resources section of the Learning and development page at www.ersab.org.uk

Source: www.rcn.org.uk



Would you like to
submit an article
or be added to the
mailing list?

Please email:

sab@eastriding.gcsx.gov.uk
Tel: (01482) 392092

If you would like to know more about the work of ERSAB or would like to be involved in any of the work you read about, please don't hesitate to get in touch or visit www.ersab.org.uk